

CHOOSING
Child Care



Child Care

CHILD CARE CHECKLIST

This checklist will help you to look for important indicators of quality child care. Space is provided for you to note your observations when deciding which child care program is right for your family.

CHILD CARE PROGRAM:

Phone: _____

Address: _____

Contact Name: _____

CAREGIVER/CHILD RELATIONSHIPS**NOTES****DO THE CAREGIVER(S):**

- Listen to children when they speak and respond with interest and respect?
- Set reasonable limits for behaviour and respond to inappropriate behaviour in a fair and consistent manner?
- Show flexibility in how they meet the varied needs of all children?
- Encourage problem-solving?
- Encourage independence?
- Offer choices to the children?
- Redirect children when there is conflict?
- Bend down or kneel to speak to children at their own height?
- Engage in conversation with each child?
- Address children by name, including my child?

DAILY CHILD CARE PROGRAMS**NOTES****DOES THE PROGRAM:**

- Include structured activities as well as opportunities for open play?
- Offer choices of activities?
- Limit the use of television and video entertainment?
- Actively monitors children when they are using computers?
- Include reading time?
- Integrate different cultural traditions?
- Involve children in preparing simple meals and snacks?
- Require children to participate in basic life skills activities, e.g., washing hands, hanging up their own clothing, doing up zippers, etc.?
- Engage in conversation with each child?
- Address children by name, including my child?

INFANT PROGRAM (if applicable)**NOTES**

- Allow infants to have their own eating and sleeping schedules?
- Provide a sleeping area that is separate from the play area?
- Require that infants are out of their cribs when they are awake?
- Include time for holding infants at times other than feeding?

THE PHYSICAL ENVIRONMENT

NOTES

IN THE CHILD CARE ENVIRONMENT I OBSERVED:

Natural light.

Enough space for a variety of different activities to be going on at the same time without interference.

Children's art work displayed at their eye level.

Areas for both active and quiet play.

Outdoor space for different activities.

NOTES / REMINDERS / QUESTIONS